

Bem Androgyny Test

This test is a way of judging how masculine or feminine you are.

Answer questions as the term best fits you according to the following scale:

- 1 = Never true
- 2 = Almost never true
- 3 = Sometimes but usually not true
- 4 = Occasionally true
- 5 = Often true
- 6 = Almost always true
- 7 = Always true

Questions:

- | | |
|-----------------------------------|--------------------------------------|
| 1. Acts as a Leader | 31. Has leadership abilities |
| 2. Adaptable | 32. Moody |
| 3. Affectionate | 33. Loves children |
| 4. Conceited | 34. Reliable |
| 5. Aggressive | 35. Independent |
| 6. Cheerful | 36. Loyal |
| 7. Ambitious | 37. Individualistic |
| 8. Conscientious | 38. Secretive |
| 9. Childlike | 39. Sensitive to the needs of others |
| 10. Conventional | 40. Sincere |
| 11. Analytical | 41. Makes decisions easily |
| 12. Compassionate | 42. Shy |
| 13. Assertive | 43. Masculine |
| 14. Friendly | 44. Solemn |
| 15. Does not use harsh language | 45. Soft-spoken |
| 16. Happy | 46. Tactful |
| 17. Athletic | 47. Self-reliant |
| 18. Eager to soothe hurt feelings | 48. Sympathetic |
| 19. Competitive | 49. Self-sufficient |
| 20. Helpful | 50. Theatrical |
| 21. Feminine | 51. Tender |
| 22. Inefficient | 52. Truthful |
| 23. Defends own beliefs | 53. Strong personality |
| 24. Flatterable | 54. Understanding |
| 25. Dominant | 55. Willing to take a stand |
| 26. Jealous | 56. Unpredictable |
| 27. Gentle | 57. Warm |
| 28. Likable | 58. Unsystematic |
| 29. Forceful | 59. Willing to take risks |
| 30. Gullible | 60. Yielding |

Answers:

1. _____ 2. _____ 3. _____ 4. _____ 5. _____ 6. _____
7. _____ 8. _____ 9. _____ 10. _____ 11. _____ 12. _____
13. _____ 14. _____ 15. _____ 16. _____ 17. _____ 18. _____
19. _____ 20. _____ 21. _____ 22. _____ 23. _____ 24. _____
25. _____ 26. _____ 27. _____ 28. _____ 29. _____ 30. _____
31. _____ 32. _____ 33. _____ 34. _____ 35. _____ 36. _____
37. _____ 38. _____ 39. _____ 40. _____ 41. _____ 42. _____
43. _____ 44. _____ 45. _____ 46. _____ 47. _____ 48. _____
49. _____ 50. _____ 51. _____ 52. _____ 53. _____ 54. _____
55. _____ 56. _____ 57. _____ 58. _____ 59. _____ 60. _____

Column totals: (Add up the values in each of the six columns.)

1. _____ 2. _____ 3. _____ 4. _____ 5. _____ 6. _____

Masculine traits: _____ Add column 1 to column 5.

Feminine traits: _____ Add column 3 to column 6.

Bem score: _____ Subtract Feminine traits from Masculine traits.

Masculine traits - Feminine traits = Bem score.

Compare Bem score to the androgyny scale below.

Androgyny scale:	Masculine	> +20
	Nearly Masculine	+10 to +19
	Androgynous	+ 9 to - 9
	Nearly feminine	-10 to -19
	Feminine	< -20

Columns 1 and 5 are the "Masculine" traits.

Columns 3 and 6 are the "Feminine" traits.

Columns 2 and 4 are the "Neutral" traits.